

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

- APPROVAL:** This meet is approved by USA Swimming and Indiana Swimming.  
Approval #IN10275
- HOST:** National Age Group Swimming Association  
[www.nasaswim.com](http://www.nasaswim.com)
- POOL:** Fishers High School Aquatic Center  
13000 Promise Road  
Fishers, Indiana 46038  
317-915-4290
- FACILITY:** Competition Pool: One 50-meter pool with ten-7.5-foot wide lanes each with non-turbulent lane markers. Daktronics 2000 Time System will be used. For all sessions, lanes 1-9 will be utilized for competition, with lane 10 reserved for warm-up and warm-down. In the event of circumstances necessitating changes during the meet, information will be updated on the NASA website at [www.nasaswim.com](http://www.nasaswim.com). Balcony spectator seating is available.
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet. USA Swimming and Indiana Swimming, Inc. shall be free and held harmless from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.
- Swimmers have to achieve USA Swimming National "A" Time Standards to participate in this meet. The 15-Over Age Group will use the USA Swimming National 15-16 "A" Time Standards for their cutoff times.
- The "Bonus" event rule will be as follows...
- For every one cutoff time, the swimmer may enter unlimited bonus events even if they do not have the time standard. For the bonus events, please enter the swimmer at their correct time.
- ELIGIBILITY:** Age as of August 4, 2010 shall determine the age for each swimmer entered into the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential to gain deck access. The meet referee or meet director reserves the right to ask for coach credential display and/or deny access if the coach does not comply.

**NATIONAL AGE GROUP SWIMMING ASSOCIATION**  
**2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC**  
**PRELIMINARIES & FINALS**  
**WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**MEET  
INFORMATION:**

***THIS IS A SINGLE AGE MEET.*** Swimmers may enter three (3) events per day excluding relays. No Conversions will be allowed. US resident entries without USA numbers will not be accepted. Failure of any swimmer to comply with the three events per day rule will result in the swimmer being scratched from all events after the third entered event of that session at the discretion of the meet director. All prelim/final events will be circle seeded. Prelim/Final 15&Older events will have the top 18 swimmers return for finals (2 heats). 9 &U, 10, 11, 12, 13, 14 prelim/final events will have the top 9 swimmers return for finals (1 heat).

**COMBINED  
EVENTS:**

The 12&Under 400 Freestyle will contain 9-Under, 10, 11, 12 swimmers. The 13&Older 800 and 1500 Freestyle will contain both 13-14 and 15&Older swimmers. The 13&Older relays will have both 13-14 and 15&Older age groups. These events will be combined and swum together, but will be scored separately.

**TIMED FINALS  
EVENTS:**

Age groups will swim prelims and finals with the exception of the events listed below.

- The 11-12 400 IM will be a timed finals event.
- The 12&Under 400 Free will be a timed final event. The fastest heat (top 9) of men and women will swim towards the start of the finals session.
- All remaining heats will swim towards the end of the prelim session. See the schedule of events for clarification.
- The 13&Older 800 Free will be a timed finals event. This will be swum in event order.
- The 13&Older 1500 Free will be a timed finals event. The fastest heat (top 9) of men and women will swim towards the start of the final session. All remaining heats will swim towards the end of the prelim session. See the schedule of events for clarification.
- All swimmers entered in the 13&Older 800 Free, and 13&Older 1500 Freestyle must provide their own timers and counters.
- All relays will be timed finals. Relays may be limited to the top eighteen (18) seeded relay teams in each event. Nine (9) relays will be secured for each age group (10&U, 11-12, 13-14, 15&Older). All relays will swim in the finals sessions.

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**POSITIVE CHECK IN EVENTS:** Positive check-in will be conducted for the 400 IM, and for the 400, 800 and 1500 Freestyles. Below are the deadlines for check-in.

Wednesday:

11-12 400 IM, 13&Older 800 Freestyle  
Due at 4:30 PM

Thursday:

13-14 and 15&Older 400 IM  
Due at 7:45 AM

Friday:

13-14 and 15&Older 400 Free  
Due at 7:45 AM

Saturday:

13&Older 1500 Free and 12&U 400 Free  
Due at 7:45 AM

**ENTRIES:**

The meet will be limited to maintain acceptable timelines. Swimmers will be entered in the order the entries are received. If there are any events that are limited, refunds will be offered back to the clubs of the swimmers that are cut out of the limited events. If necessary, to maintain timelines and to accommodate swimmers, coaches and spectators, the meet host reserves the right to split the prelim sessions into morning and afternoon sessions.

Entries are due Thursday, July 29, 2010. Updates to received entries will be accepted until 11:59 PM on Monday, August 2, 2010.

Enter each swimmer with their full first name, last name, age and USA Swimming number (if applicable) on the entry. All times must be submitted in **LONG COURSE METERS TIMES AND COMPLETED TO THE HUNDRETH OF A SECOND. CONVERTED TIMES MUST USE THE HY-TEK TIME CONVERTER.**

Swimmers may enter a maximum of three (3) individual events and one (1) relay event per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**DECK ENTRIES:** Deck entries will be accepted on Wednesday, August 4, 2010 from 4-4:45 PM and each morning for that day's events until 8:00 AM. The deck entry fee is \$10.00 for individual events, \$20.00 for relays to be paid at the time of entry. Deck entries (individual and relay) received before 5:30 PM for the next day's events will be seeded. Deck entries on the day of the event, will be entered with NT in open lanes for pre-seeded events; in deck seeded events (400 IM, 400 Free, 800 Free and 1500 Free), deck entries will be seeded by time. New heats **MAY** be created at the discretion of the Meet Referee based on the timeline for the session.

You may deck enter the next day's events after deck entries close for the current session.

**MEET SCHEDULE:** WEDNESDAY:TIMED FINALS  
WARMUP: 4:00PM            START: 5:15PM

THU/FRI/SAT PRELIMS  
WARMUP: 7:00AM            START: 8:30 AM

THU/FRI/SAT FINALS  
WARMUP: 4:30 PM            START: 5:45 PM

**SCRATCH RULE:** **Prelims** - Each prelim session will be seeded the evening before. All deck entries (individual and relay) received before 5:30 PM for the next day's events will be seeded. For prelims, there is a courtesy scratch - see scratch table. Please scratch the next day's events that you will not swim by 5:30 PM the evening before the event. There is not a penalty for failing to scratch; this is a courtesy to the other swimmers by eliminating an empty lane in prelims.

**Finals** - Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare their intent to scratch. Swimmers that timely indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event.

*Any finalist who does not scratch and fails to compete in finals will be barred from their next event whether it be in finals or prelims.*

The scratch forms will be located at the scratch table adjacent to the head timing table.

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**ENTRY FEES:**

All entry fees must be paid before the first event of the meet. Please make check payable to: **NASA Swim**. The entry fees are as follows...

Entry Fees That Are In By The Deadline

Individual Events - \$5.00 Per Event

Relay Events - \$10.00 Per Event

Late Entry Fees

Individual Events - \$10.00 Per Event

Relay Events - \$20.00 Per Event

Facility Surcharge & NASA Membership Fee

Individual & Relay-Only Athletes - \$15.00 Per Athlete

\* This fee includes the \$1.50 Indiana Swimming surcharge.

Mail entries and fees to the Entry Chairperson:

Maria Lemen

P.O. Box #453

Fishers, Indiana 46038

(317) 752-0552

(317) 842-9260

Email: lementmakl@sbcglobal.net

**DEADLINE:**

Entries will be accepted immediately. The final entry date for entries to be received is on Thursday, July 29, 2010. Updates to accepted entries will be accepted until 11:59 PM on Monday, August 2, 2010.

All email entries must be followed by a paper entry and check for entry fees. Please make your check payable to "*NASA Swim*" and enclose it in your entry. The meet will be run using Hy-Tek Meet Manager computer program (do not forget to "age up" swimmers to 8/4/10).

A printed copy of your meet entries must follow your submission of your entries via email. **In all cases, the printed copy is the final word in any disputes involving entries.** Entries not submitted via email in Hytek format will be subject to a \$50.00 data processing fee.

A psych sheet will be posted on the NASA website ([www.nasaswim.com](http://www.nasaswim.com)) after the close of entries.

**FINAL RESULTS:**

One complimentary copy will be provided to every club with five or more swimmers. Extra copies may be ordered at the meet for \$8.00. Final results will also be posted on the NASA ([www.nasaswim.com](http://www.nasaswim.com)) websites.

**SCORING:**

Team points will be scored for the first 18 places.

22-19-18-17-16-15-14-13-12-10-8-7-6-5-4-3-2-1 - Individual

44-38-36-34-32-30-28-26-24-20-16-14-12-10-8-6-4-2 - Relays

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**AWARDS:** 9 & Under, 10, 11, 12, 13, 14 and 15-Over age groups will receive awards 1st through 9th place. Awards that are not picked up will not be mailed.

Individual High Point award for the top female and male scorer in each "single" age group (9-Under, 10, 11, 12, 13, 14, 15-Over)

Team awards will be given for top-3 teams.

**SCHEDULE:** (All Times Are Eastern Daylight Time)

**Tuesday Pre-Meet**

Pool Open For Warm-Up @ 6:30 AM to 9:00 PM

**Wednesday**

Open Warm-Up @ 6:30 AM to 4:00 PM

Timed Finals Warm-Up - 4:00 PM

Timed Finals Start @ 5:15 PM

**Thursday through Saturday**

Prelims Warm-Up @ 7:00 AM

Prelims Start @ 8:30 AM

Finals Warm-Up @ 4:30 PM

Finals Start @ 5:30 PM

**TIME TRIALS:** Time trials will be conducted, time permitting, between prelims and finals and after finals. Time trials will begin 15 minutes after the conclusion of both prelims and finals. Swimmers must be entered in the meet to time trial. Time trial events will count toward the daily entry limit of three events.

Entries will be accepted until the end of each session. The entry fee is \$10.00 per individual event and \$20.00 per relay and needs to be paid at the time of the entry.

**CONCESSIONS:** Concessions will be available at the concession stand in the entrance lobby area. **ABSOLUTELY NO SMOKING IS PERMITTED IN THE BUILDING.**

**HEAT SHEETS & ADMISSION:** Finals Heat Sheets will be \$1.00  
Prelims Heat Sheets will be \$2.00  
Prelims Admission will be \$3.00  
Finals Admission will be \$3.00  
An "All-Sessions" Pass will be \$15.00  
Children 10-under are free.

**WARM-UPS:** Lanes for warm-ups will be assigned. Check the NASA website at [www.nasaswim.com](http://www.nasaswim.com), FAST website at [www.fasttigers.com](http://www.fasttigers.com) and your coach's packet.

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**MEET DIRECTORS:** Scott Way  
13000 Promise Road  
Fishers, Indiana 46038  
317-385-9247  
317-773-5007  
sdmen@sbcglobal.net

**MEET REFEREE:** Clay Summers  
7585 Timber Springs Dr. South  
Fishers, Indiana 46038  
317-842-7793  
317-902-2876  
csummers@iquest.net

**OFFICIALS:** NASA will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.

**FACILITY NOTE:** The competition course has not been certified in accordance with 104.2.2C(4).

104.2.2C(4): Where a moveable bulkhead is used, course measurement of the lane in which the record was set (American, US Open, or National Age Group Records) must be confirmed at the conclusion of the session during which the time was achieved.

The water depth for starts (from 1 to 5 meters from the wall) is 7'0 at the west end of the pool and 14'0 at the east end of the pool.

The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

1. Keep all trash picked up (swimmers and teams in particular).
2. Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas. Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!**

NASA will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

**USA SWIMMING SUIT RULES:** In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**ORDER OF EVENTS  
Long Course Meters**

**SESSION 1 (TIMED FINALS) WEDNESDAY  
WARM-UPS: 4:00 PM    SESSION STARTS: 5:15 PM**

- |                      |                               |
|----------------------|-------------------------------|
| 1 Men 11-12 400 IM   | 3 Men 13-Over 800 Freestyle   |
| 2 Women 11-12 400 IM | 4 Women 13-Over 800 Freestyle |

**SESSION 2 (PRELIMS) THURSDAY  
WARM-UPS: 7:00 AM    SESSION STARTS: 8:30 AM**

- |                            |                           |                          |                         |
|----------------------------|---------------------------|--------------------------|-------------------------|
| 9 M 11-12 200 Backstroke   | 17 M 10&U 50 Breaststroke | 25 M 10&U 200 Freestyle  | 33 M 10&U 100 Butterfly |
| 10 W 11-12 200 Backstroke  | 18 W 10&U 50 Breaststroke | 26 W 10&U 200 Freestyle  | 34 W 10&U 100 Butterfly |
| 11 M 15&O 100 Breast       | 19 M 15&O 200 Freestyle   | 27 M 15&O 100 Butterfly  | 35 M 15&O 400 IM        |
| 12 W 15&O 100 Breast       | 20 W 15&O 200 Freestyle   | 28 W 15&O 100 Butterfly  | 36 W 15&O 400 IM        |
| 13 M 13-14 100 Breast      | 21 M 13-14 200 Freestyle  | 29 M 13-14 100 Butterfly | 37 M 13-14 400 IM       |
| 14 W 13-14 100 Breast      | 22 W 13-14 200 Freestyle  | 30 W 13-14 100 Butterfly | 38 W 13-14 400 IM       |
| 15 M 11-12 50 Breaststroke | 23 M 11-12 200 Freestyle  | 31 M 11-12 100 Butterfly |                         |
| 16 W 11-12 50 Breaststroke | 24 W 11-12 200 Freestyle  | 32 W 11-12 100 Butterfly |                         |

**SESSION 3 (FINALS) THURSDAY  
WARM-UPS: 4:30 PM    SESSION STARTS: 5:30 PM**

- |                           |                            |                          |                          |
|---------------------------|----------------------------|--------------------------|--------------------------|
| 5 M 11-12 200 Free Relay  | 15 M 11-12 50 Breaststroke | 25 M 10&U 200 Freestyle  | 35 M 15&O 400 IM         |
| 6 W 11-12 200 Free Relay  | 16 W 11-12 50 Breaststroke | 26 W 10&U 200 Freestyle  | 36 W 15&O 400 IM         |
| 7 M 13&O 200 Free Relay   | 17 M 10&U 50 Breaststroke  | 27 M 15&O 100 Butterfly  | 37 M 13-14 400 IM        |
| 8 W 13&O 200 Free Relay   | 18 W 10&U 50 Breaststroke  | 28 W 15&O 100 Butterfly  | 38 W 13-14 400 IM        |
| 9 M 11-12 200 Backstroke  | 19 M 15&O 200 Freestyle    | 29 M 13-14 100 Butterfly | 39 M 11-12 200 Med Relay |
| 10 W 11-12 200 Backstroke | 20 W 15&O 200 Freestyle    | 30 W 13-14 100 Butterfly | 40 W 11-12 200 Med Relay |
| 11 M 15&O 100 Breast      | 21 M 13-14 200 Freestyle   | 31 M 11-12 100 Butterfly | 41 M 13&O 200 Med Relay  |
| 12 W 15&O 100 Breast      | 22 W 13-14 200 Freestyle   | 32 W 11-12 100 Butterfly | 42 W 13&O 200 Med Relay  |
| 13 M 13-14 100 Breast     | 23 M 11-12 200 Freestyle   | 33 M 10&U 100 Butterfly  |                          |
| 14 W 13-14 100 Breast     | 24 W 11-12 200 Freestyle   | 34 W 10&U 100 Butterfly  |                          |

**SESSION 4 (PRELIMS) FRIDAY  
WARM-UPS: 7:00 AM    SESSION STARTS: 8:30 AM**

- |                             |                         |                           |                           |
|-----------------------------|-------------------------|---------------------------|---------------------------|
| 43 M 11-12 200 Breaststroke | 53 M 15&O 50 Freestyle  | 63 M 13-14 200 Butterfly  | 73 M 11-12 100 Backstroke |
| 44 W 11-12 200 Breaststroke | 54 W 15&O 50 Freestyle  | 64 W 13-14 200 Butterfly  | 74 W 11-12 100 Backstroke |
| 45 M 15&O 200 IM            | 55 M 13-14 50 Freestyle | 65 M 11-12 50 Butterfly   | 75 M 10&U 100 Backstroke  |
| 46 W 15&O 200 IM            | 56 W 13-14 50 Freestyle | 66 W 11-12 50 Butterfly   | 76 W 10&U 100 Backstroke  |
| 47 M 13-14 200 IM           | 57 M 11-12 50 Freestyle | 67 M 10 & U 50 Butterfly  | 77 M 15&O 400 Freestyle   |
| 48 W 13-14 200 IM           | 58 W 11-12 50 Freestyle | 68 W 10 & U 50 Butterfly  | 78 W 15&O 400 Freestyle   |
| 49 M 11-12 200 IM           | 59 M 10&U 50 Freestyle  | 69 M 15&O 100 Backstroke  | 79 M 13-14 400 Freestyle  |
| 50 W 11-12 200 IM           | 60 W 10&U 50 Freestyle  | 70 W 15&O 100 Backstroke  | 80 W 13-14 400 Freestyle  |
| 51 M 10&U 200 IM            | 61 M 15&O 200 Butterfly | 71 M 13-14 100 Backstroke |                           |
| 52 W 10&U 200 IM            | 62 W 15&O 200 Butterfly | 72 W 13-14 100 Backstroke |                           |

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**SESSION 5 (FINALS) FRIDAY**

**WARM-UPS: 4:30 PM    SESSION STARTS: 5:30 PM**

43	M	11-12 200Breaststroke	54	W	15&O 50 Freestyle	65	M	11-12 50 Butterfly	76	W	10&U 100 Backstroke
44	W	11-12 200Breaststroke	55	M	13-14 50 Freestyle	66	W	11-12 50 Butterfly	77	M	15&O 400 Freestyle
45	M	15&O 200 IM	56	W	13-14 50 Freestyle	67	M	10&U 50 Butterfly	78	W	15&O 400 Freestyle
46	W	15&O 200 IM	57	M	11-12 50 Freestyle	68	W	10&U 50 Butterfly	79	M	13-14 400 Freestyle
47	M	13-14 200 IM	58	W	11-12 50 Freestyle	69	M	15&O 100 Backstroke	80	W	13-14 400 Freestyle
48	W	13-14 200 IM	59	M	10&U 50 Freestyle	70	W	15&O 100 Backstroke	81	M	10-U 200 Med Relay
49	M	11-12 200 IM	60	W	10&U 50 Freestyle	71	M	13-14 100 Backstroke	82	W	10-U 200 Med Relay
50	W	11-12 200 IM	61	M	15&O 200 Butterfly	72	W	13-14 100 Backstroke	83	M	12&U 400 Med Relay
51	M	10 & Under 200 IM	62	W	15&O 200 Butterfly	73	M	11-12 100 Backstroke	84	W	12&U 400 Med Relay
52	W	10 & Under 200 IM	63	M	13-14 200 Butterfly	74	W	11-12 100 Backstroke	85	M	13&O 400 Med Relay
53	M	15&O 50 Freestyle	64	W	13-14 200 Butterfly	75	M	10&U 100 Backstroke	86	W	13&O 400 Med Relay

**SESSION 6 (PRELIMS) SATURDAY**

**WARM-UPS: 7:00 AM    SESSION STARTS: 8:30 AM**

87	M	11-12 200 Butterfly	100	W	10&U 100Breaststroke	109	M	15&O 200 Backstroke	90	W	13&O 1500 Freestyle
88	W	11-12 200 Butterfly	101	M	15&O 100 Freestyle	110	W	15&O 200 Backstroke	91	M	12&U 400 Freestyle
93	M	15&O 200Breaststroke	102	W	15&O 100 Freestyle	111	M	13-14 200 Backstroke	92	W	12&U 400 Freestyle
94	W	15&O 200Breaststroke	103	M	13-14 100 Freestyle	112	W	13-14 200 Backstroke			
95	M	13-14 200Breaststroke	104	W	13-14 100 Freestyle	113	M	11-12 50 Backstroke			
96	W	13-14 200Breaststroke	105	M	11-12 100 Freestyle	114	W	11-12 50 Backstroke			
97	M	11-12 100Breaststroke	106	W	11-12 100 Freestyle	115	M	10 & U 50 Backstroke			
98	W	11-12 100Breaststroke	107	M	10&U 100 Freestyle	116	W	10 & U 50 Backstroke			
99	M	10&U 100Breaststroke	108	W	10&U 100 Freestyle	89	M	13&O 1500 Freestyle			

\*Note the placement of the 13&Older 1500 Freestyle, the 12&Under 400 Freestyle. The fastest heat (9) of men and women will swim towards the start of the finals session. All remaining heats will swim towards the end of the prelim session.

**SESSION 7 (FINALS) SATURDAY**

**WARM-UPS: 4:30 PM    SESSION STARTS: 5:30 PM**

87	M	11-12 200 Butterfly	96	W	13-14 200Breaststroke	105	M	11-12 100 Freestyle	114	W	11-12 50 Backstroke
88	W	11-12 200 Butterfly	97	M	11-12 100Breaststroke	106	W	11-12 100 Freestyle	115	M	10 & U 50 Backstroke
89	M	13&O 1500 Freestyle	98	W	11-12 100Breaststroke	107	M	10&U 100 Freestyle	116	W	10 & U 50 Backstroke
90	W	13&O 1500 Freestyle	99	M	10&U 100Breaststroke	108	W	10&U 100 Freestyle	117	M	13&O 400 Free Relay
91	M	12&U 400 Freestyle	100	W	10&U 100Breaststroke	109	M	15&O 200 Backstroke	118	W	13&O 400 Free Relay
92	W	12&U 400 Freestyle	101	M	15&O 100 Freestyle	110	W	15&O 200 Backstroke	119	M	11-12 400 Free Relay
93	M	15&O 200Breaststroke	102	W	15&O 100 Freestyle	111	M	13-14 200 Backstroke	120	W	11-12 400 Free Relay
94	W	15&O 200Breaststroke	103	M	13-14 100 Freestyle	112	W	13-14 200 Backstroke	121	M	10 & U 200 Free Relay
95	M	13-14 200Breaststroke	104	W	13-14 100 Freestyle	113	M	11-12 50 Backstroke	122	W	10 & U 200 Free Relay

**General Information:**

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed on the deck area, except during the 800 and 1500 Free at which time a designated timer and counter will be allowed on deck to help with that event. There are two (2) men's and two (2) women's locker rooms on deck.
4. Medical personnel will be available during the meet.
5. Lane 10 is reserved for warm-up and warm-down. Swimmers must enter/exit in the middle of the warm-up/down lane. NASA will have security people monitor the warm-up/down lane. **HORSEPLAY, DIVING, JUMPING, SPLASHING OR EXCESSIVE STANDING IN THE WARM-UP/DOWN LANE WILL NOT BE ALLOWED.**

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**Fee Summary**

This summary form must be completed and returned with all entries by Thursday, July 29, 2010. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **NASA Swim**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Maria Lemen  
P.O. Box #453  
Fishers, Indiana 46038  
(317) 752-0552  
(317) 842-9260  
Email: lementmakl@sbcglobal.net

Club \_\_\_\_\_ Club Code \_\_\_\_\_

Number of swimmers entered: Boys \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_

Number of swimmers entered: \_\_\_\_\_ @ \$15.00 = \$ \_\_\_\_\_

Number of prelims/finals individual entries \_\_\_\_\_ @ \$5.00 = \$ \_\_\_\_\_

Number of relay entries \_\_\_\_\_ @ \$10.00 = \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED = \$ \_\_\_\_\_

Club official submitting entry:

Coaches Names:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please indicate the preferred manner of receiving final results:**

\_\_\_\_\_ Hard Copy

\_\_\_\_\_ Meet Manager Backup (Emailed)

\_\_\_\_\_ Team Manager .cl2 file (Emailed)

\_\_\_\_\_ All of the above

Email address to send above to: \_\_\_\_\_

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**Visiting USA Swimming Officials Sign-Up**

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday Prelims \_\_\_\_\_ Friday Finals \_\_\_\_\_ Saturday Prelims \_\_\_\_\_ Saturday Finals \_\_\_\_\_

Sunday Prelims \_\_\_\_\_ Sunday Finals \_\_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday Prelims \_\_\_\_\_ Friday Finals \_\_\_\_\_ Saturday Prelims \_\_\_\_\_ Saturday Finals \_\_\_\_\_

Sunday Prelims \_\_\_\_\_ Sunday Finals \_\_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday Prelims \_\_\_\_\_ Friday Finals \_\_\_\_\_ Saturday Prelims \_\_\_\_\_ Saturday Finals \_\_\_\_\_

Sunday Prelims \_\_\_\_\_ Sunday Finals \_\_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday Prelims \_\_\_\_\_ Friday Finals \_\_\_\_\_ Saturday Prelims \_\_\_\_\_ Saturday Finals \_\_\_\_\_

Sunday Prelims \_\_\_\_\_ Sunday Finals \_\_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday Prelims \_\_\_\_\_ Friday Finals \_\_\_\_\_ Saturday Prelims \_\_\_\_\_ Saturday Finals \_\_\_\_\_

Sunday Prelims \_\_\_\_\_ Sunday Finals \_\_\_\_\_

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

**Release & Hold Harmless Agreement**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges National Age Group Swimming Association and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless NASA, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2010

Signature of Club Official or Coach \_\_\_\_\_

Printed Name of Club Official or Coach \_\_\_\_\_

**Fishers Area Hotel Information**

**NATIONAL AGE GROUP SWIMMING ASSOCIATION  
2010 MID-AMERICAN "SINGLE AGE" LONG COURSE CLASSIC  
PRELIMINARIES & FINALS  
WEDNESDAY THROUGH SATURDAY, AUGUST 4-7, 2010**

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	Holiday Inn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-841-0416 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 <sup>nd</sup> Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool